

LEBANON ELEMENTARY SCHOOL

# HEALTH SERVICES HIGHLIGHTS

## INFORMATION FOR PARENTS



The purpose of our student's health services program is to support student learning and success. Individualized health services are provided to students who have acute and chronic health conditions.

### Physical Examinations/Immunizations



- Health assessments and proof of immunizations are required prior to entry into the preschool or kindergarten programs.
- Preschool students are required to have an annual physical exam with updated immunizations.
- Flu immunization is required for all preschool students.
- Exemption from immunizations: If a mandated immunization is contraindicated for medical reasons, a written statement from the health care provider must be submitted to the school nurse. Parents of students claiming religious exemption must submit the Immunization Exemption Form to the school nurse.

### Emergency Information

- Parents/guardians are required to fill out an Emergency Information Form at the start of each school year.



### Annual Health Summary

- To help maintain a safe and healthy environment for our students, parents are asked to fill this form out at the start of each school year, as well as notifying the school nurse of any medical conditions, special needs, life-threatening allergies, or changes in your child's health.

### Reporting Absences

- Call the attendance line for each incidence of absence.
- Written documentation for reason of absence must be sent in within ten school days of the student's return to school.
- Students who have been absent more than 9 days during the school year must have a signed doctor's note for any further absences due to illness. Absences unrelated to illness must have the proper written documentation.
- Neither e-mail nor text message shall serve to satisfy the requirement of written documentation.

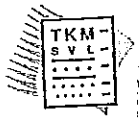


### Medications

- If possible, medication should be given at home.
- Medication given at school must have the proper authorization form signed by both the physician and the parent/guardian.
- Medication must be labeled with a pharmacy prepared label and be brought to school by an adult. Students may not carry or self-administer medication in school.



## Health Screenings



- Vision
- Hearing
- Pediculosis (head lice)-periodic head checks may be done.

## Physical Activity

- All students are expected to participate in gym and recess.
- Students will be excused from activity for 1-2 days with a written note from their parent/guardian.
- Further restrictions require a written note from a doctor.
- Students who are excused from gym will also be restricted from recess.
- Proper footwear is required to use the playground equipment. Please have safe, protective, and supportive shoes or sneakers. Sandals, party shoes and flip-flops are discouraged.
- Students who cannot participate in activity due to surgery or injury **MUST** have physician's documentation to return to school. This note must also state any restrictions and date of return to normal activity.



## When To Keep Your Child Home

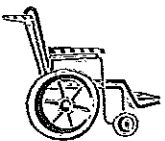
- Fever-oral temperatures of 100 or above.
- Excessive cold symptoms-coughing, sneezing, yellow or green nasal drainage.
- Sore throat, especially without cold symptoms-could be indicative of strept throat.
- Severe earache.
- Vomiting.
- Diarrhea.
- Any undiagnosed skin rashes, itchy skin or scalp.
- Drainage from eyes.
- Changes in behavior or appearance or complaints of not feeling well.
- Your child has a communicable illness.
- Consult with your physician for illness lasting three days or more.



\*Children must be symptom-free for 24 hours before returning to school\*

## Students with an Injury or who have had Surgery

- Students who have stitches, casts, or other injuries or who have had any type of surgery must have written physician's documentation in order to return to school. Any restrictions of activity and/or use of assistive devices (crutches, wheelchair, elevator, etc.) must also be documented by the physician.



Meeting the health and safety needs of all of our students is always a priority. Any questions or concerns can be addressed by calling the school nurse at 860-642-5765 during school hours.